



Central Valley • Recovery • Awareness • Preventing Strokes

**Every 45 Seconds an American is having a stroke!**

*It happened to a young, healthy and active doctor  
and it can happen to you!*

**Dr. Richard J. Heck**  
shares his story as a stroke Survivor & Advocate

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**Thursday July 24, 2008 • 3pm - 5pm**

**at the Health Plan of San Joaquin Community Room  
7751 South Manthey Rd., French Camp, CA 95231**

**FREE with R.S.V.P. at 209.234.2802**

Special thanks for in-kind donations from Health Plan of San Joaquin, Starbucks Coffee and food

