

STRESS RELIEF · PAIN MANAGEMENT



August 28, 2008, 3-5PM

Central Valley - Recovery • Awareness • Preventing Strokes
Central Valley - Recovery • Awareness • Preventing Strokes



This Month's Speaker

Barbara Hansen, R.N.

Founder, Knot Your Ordinary Therapy
Certified NeuroBehavioral
Pain Control Practitioner

Where- Health Plan of San Joaquin
7751 South Manthey Road
French Camp, CA 95231
(Off Hwy 5, next to San Joaquin
General Hospital)

Cost- No Fee
Limited Seating

Barbara Hansen, R.N. belongs to an elite group of practitioners and therapists who offer a unique approach to pain control through mind-body medicine that can even be done effectively by telephone! Barbara has advanced credentials in medical hypnosis and habit control. She has an extremely high success rate, particularly helping clients become non-smokers; reduce stress, anxiety and pain!

"More than a thousand clients, referred by more than a hundred Northern California physicians, have used this program to create natural pain relief while reducing the use of pills and injections. More than 90 percent of the patients report pain and stress reduction and emotional release in their first session".

Have you tried everything but feel that there is no hope? Hear Barbara Hansen's presentation. Barbara helps you become empowered over stressful circumstances affecting your health. For more information on this program, go to <http://www.bepainfree.net>

CV-RAPS unites health consumers, stroke survivors and medical professionals by bringing experts to educate, provide resources and answer questions for empowerment and better healthcare throughout San Joaquin County. Your

Thank You to Health Plan of San Joaquin for hosting CV-RAPS

CV-RAPS is brought to you by

