



November 14, 2009

8am-4pm

Speaker Profiles



Gladys Taylor, PhD has earned degrees from Skidmore, Harvard and Indiana University. She has taught mathematics at Indiana State University for over 27 years. While still teaching at ISU her life took on a new dimension as caregiver to her mother and to her then 30 year old son who was diagnosed with schizophrenia. Dr. Taylor wore 2 care-giving hats, each bringing its unique nurturing needs and concomitant stress factors. For 4 years she battled a relentless onslaught of multiple involuntary commitments, arrests and jail sentences. If that wasn't enough, her caregiver skills were heightened even more when her

then 37 year old daughter, Jill, suffered a debilitating stroke- with its unique nurturing demands and stress factors.

Dr. Taylor shares some tactics she used to preserve her professional and personal life. Dr. Taylor's story enables caregivers to transcend the situation-specific demands of doing what has to be done and still find fulfillment in a rich, meaningful life.



Lenore Artie Tate, Ph.D. is the Interim Program Director and Associate Professor at the Alliant International University, School of Forensic Psychology. This is an area that is gaining recognition both nationally and internationally with the popular television series CSI. Dr. Tate's special research interest has been Geriatrics, the branch of medicine that deals with illnesses and medical care of senior citizens. Her special interests also include neuropsychology,, social and cultural psychology. Dr. Tate has been a caregiver to her mom from a distance and will integrate Caregiving from a distance as part of her inspiring



Danny Nuss is the Services Coordinator for students with disabilities at the University of the Pacific. His special interest is Communication/Public Relations. His responsibility at the University is to create a productive and enjoyable learning environment for students with special needs. In addition, Danny serves on Stockton's Mayor's Task Force with Persons with Disabilities and has collaborated with Healings in Motion and the Recreational Sports Club of San Joaquin, both offering programs supporting persons with disabilities.



Francine Poelstra is the Executive Director of the Mediation Center of San Joaquin. She is a conflict resolution specialist, facilitator and trainer. Benefits from the programs offered under her direction include: real communication, less conflict, great productivity, more enthusiasm, less stress, greater focus and less money because conflicts are diffused earlier.

Francine will share some mediation techniques that will be helpful to individual caregivers dealing with conflicting issues with other family members, health care professionals and more.