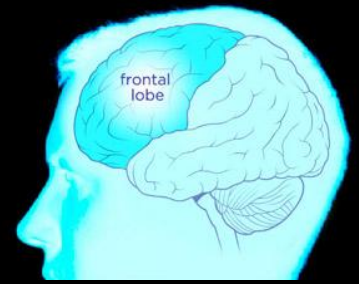


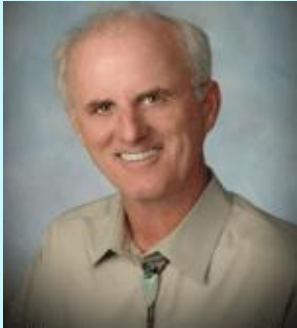
NEED HELP FOCUSING?

Central Valley Recovery, Awareness, Preventing Strokes
"CV-RAPS"

Thursday, August 27, 2009
12Noon-2PM



Our emotional control center and executive functioning



Richard A. Lougy
Psychologist, Author

Richard has worked as a school psychologist for over 30 years and oversaw the mental health services for Head Start. He currently runs a private practice specializing in ADHD and related disorders. He has treated and worked with both children and adults with executive functioning disabilities including inattention, difficulty in performing tasks, hyperactivity and impulsiveness.

Richard is the lead author of three books on ADHD, *ADHD: A Survival Guide for Parents and Teachers* (2002); *Teaching Young Children With ADHD: Successful Strategies and Practical Interventions for PreK-3* (2007) and his recent book, *The School Counselor's Guide to ADHD* (2009). He has also written numerous articles on ADHD and regularly presents at state and national conferences. For more information visit www.thesekidsaredrivingmecrazy.com

A therapy called Attention Process Training (APT) may aid survivors in their rehabilitation process. Source: *Stroke: Journal of the American Heart Association*, 2009. Learn more about this therapy at this month's CV-RAPS.

Impaired attention is one of the most significant repercussions and challenges for stroke and TBI survivors, reducing the ability to focus on tasks. Find out how Richard has helped thousands cope better.

Location

Health Plan of San Joaquin, Community Room
7751 S. Manthey Road, French Camp 95231

Directions: Hwy 5 to Mathews. in French Camp.
Exit and turn west to Manthey Road. You're here!
Just South of the San Joaquin General Hospital.

Who Should Attend?

Stroke and TBI Survivors • Caregivers •
Educators • Medical Professionals •
Psychologists • Therapists • College
Students • Persons with Learning
Disabilities • Parents • College Students



RSVP by
August 24, 2009
Call 209-234-2802

Donation: \$ 15.00
Stroke & TBI Survivors 5.00
Caregivers

Save the Date!
"Caring for the Caregiver" Symposium II
November 14, 2009

Lunch and drink provided
Door Prizes and Materials